

CARING FOR CAREGIVERS

Tuesday, November 17, 2015 5:30PM to 8:30PM
East Rutherford Community Center, 32 Vreeland Avenue

REGISTER FOR THIS *FREE* SPECIAL EVENING OF LEARNING, NETWORKING AND A BIT OF PAMPERING ...



As a caregiver, each day brings new challenges while you focus on serving the many needs of family, friends or patients with special needs. Most often caregivers lives are so full of juggling many activities (doctor's appointments, home care, grocery shopping, laundry, and personal care assistance) that you don't even realize you are a caregiver!



Join us as special expertise speakers share tips and valuable information. Relax and network with resource and service providers over a light supper. Discover resources, explore options and gain insights on how to prepare for and ease potentially stressful situations related to a variety of life events for your loved one.



Seating is limited. Pre-Register by November 14:
<http://eraccessforallcaringforcaregivers.eventbrite.com>

For more information visit our website page at: www.eastrutherfordnj.net.

FEATURING
SPECIAL
GUEST SPEAKERS
&
LIGHT SUPPER

1

BARBARA LONDON
"The Impact of Aging
Special Needs Children
and Adults on
Caregivers"

2

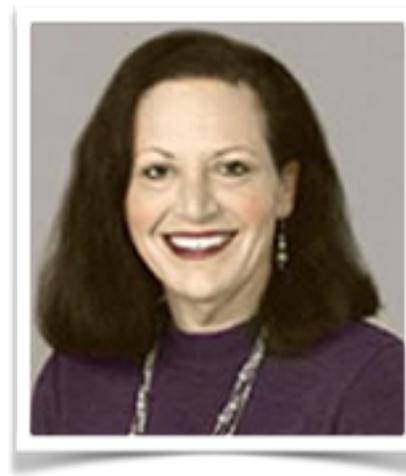
THOMAS MURPHY
"Successfully
Navigating the Legal
Concerns of Elder
Care"

3

**GARDEN STATE ALE
HOUSE**
Providing a delicious
light supper

Meet Our Speakers

Barbara London, MSW, LCSW, LNHA
President, Freedom Home HealthCare



Barbara is an award winning eldercare expert, and highly sought speaker for audiences of social workers, healthcare managers, and caregivers.

As Founder of the NJ Adult Day

Care Association, Barbara has been a leader in the field of geriatrics for over 25 years. Her career

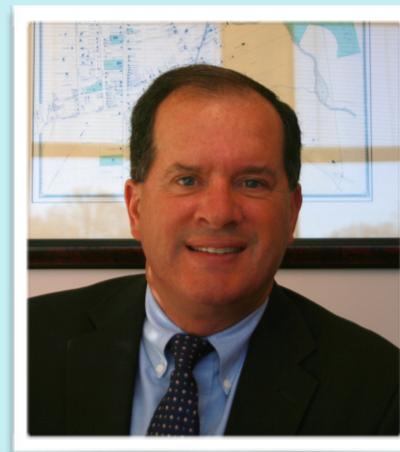
highlights include Executive leadership roles such as opening the first federally funded adult medical day care program in New Jersey, and launching a Marriott Assisted Living Community. In addition to writing articles and guest speaking, Barbara was an adjunct professor for graduate students in social work and served on numerous Executive Boards.

Freedom Home Healthcare is a private, licensed home health and geriatric care management firm dedicated to serving the geriatric population, their families and professional community through a comprehensive, holistic approach since 2003. They received the 2015 Best of Home Care Provider of Choice award. Additionally, they provide quality continuing and professional education to the geriatric healthcare community in the tristate area. To learn more about their services visit: www.freedom-homehealthcare.com.

THOMAS M. MURPHY, ESQ. – THE MURPHY LAW FIRM

The Murphy Law Firm LLC provides valued services to clients in the areas of elder law, estate planning, veteran's aid and attendance pension benefits, advanced directives, long term custodial care, special needs, guardianship and medicaid planning.

Tom has a passion for all issues confronting our aging loved ones. He is a member of the National Academy of Elder Law Attorneys, the Elder Law Section of the New Jersey Bar Association, and the management committee for Family Service of Morris County. Tom also serves on the steering committee for the Morris County Caregivers Coalition. He is a certified instructor of Elder Law for social workers and case managers, and teaches an end of life decision making program for attorneys in conjunction with Rutgers Law School. To learn more about Tom, the practice, or receive his monthly newsletter on elder law, visit: www.murphlaw.com.



Pay It Forward! Support Our Partners: Garden State Ale House; and Stop & Shop

Chef/Owner Adam Zebib brings his New Brunswick success to 340 Paterson Avenue in East Rutherford in November, 2015 - just in time for holiday gatherings and fun nights out. The GS Ale House is an authentic American gastropub that offers an impressive selection of craft beer, unique cocktails, and great food at an exceptional value.

Stop & Shop is a respected leader, in employing differently-abled talent fostering diversity and inclusion within our community.